

Personal/Intimate Care Policy

Intimate care covers areas of personal care which most people carry out for themselves, but some people are unable to do so because of an impairment or disability or they are too young to do these things for themselves. Young children and those with an impairment or a disability might require help with eating and drinking or other aspects of intimate personal care such as washing, dressing and toileting (including nappy changing). All children who have intimate care needs should be treated respectfully and sensitively at all times. A child's welfare and dignity should be of highest priority.

Procedure

- Playworkers who provide intimate care should have training in Safeguarding Children and moving and handling (if appropriate).
- We will work in partnership with parents/carer to devise a care plan
- All intimate care needs should be fully discussed with the child's parents/carers on arrival at the setting by the keyworker providing the care. All intimate needs should be shared with the pre-school leader and if appropriate the rest of the pre-school team.
- Appropriate training will be sought if necessary from the community nurse.
- The key person/primary carer where possible will attend to the child's intimate care requirements.
- A suitable room should be prepared to ensure intimate care needs can be provided for appropriately.
- Disposable gloves must be worn whilst intimate care is being given.
- Facilities and items (nappies, wipes, nappy sacks and disposable gloves) should be well stocked in the nappy changing area.
- Regular reviews will take place with the parents/carers.
- It is the parents/carers responsibility to inform staff of any changes.
- Each child who has personal care needs will have a record kept of any care given.